



Prepared in the framework of the Erasmus+ Learning by moving project

## **INTERVIEW SHEET WITH THE CHILD**

*Identification of the child's preferences and feelings about motor activities and daily routines*

*- interview to support the screening observation*

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This worksheet proposes a structure for a conversation with a child to explore his/her preferences, feelings and subjective evaluation of daily activities and movement activities. The questions are exemplary and can be modified, shortened or developed depending on the child's age, abilities and mood. The structure of the sheet refers to areas from the specialist version of the tool, which allows information from both sources to be compared.

**Child's name:**

**Age:**

**Date of interview:**

**Interviewer:**



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### MY MORNING AND GETTING DRESSED

Question to the child	Child's answer (note)	Child's speaking behaviour
What does your morning look like?		
Do you like getting dressed yourself? What is easy and what is difficult?		
What do you do first - wash, get dressed or eat breakfast?		
Show where your right arm and left leg are.		



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### HOW I MOVE

Question to the child	Child's answer (note)	Child's behaviour when speaking
What kind of movement games do you like best?		
What do you do most often in the yard/playground?		
Do you like running, jumping, climbing? What is the most fun for you?		
Are there movements or games you don't like? Why?		
Can you stand on one leg? Would you like to try it now?		
Do you like to invent your own movement games? Which ones?		



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### MY HANDS

Question to the child	Child's answer (note)	Child's speaking behaviour
Which hand do you draw with most often?		
Do you find it easy to hold a crayon, pen or scissors?		
Do you like to cut out, string beads, build with blocks?		
What do you find easiest or most difficult about such games?		
What is your favourite drawing or building activity?		



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### EATING AND BEING INDEPENDENT

Question to the child	Child's answer (note)	Child's behaviour when speaking
Do you like to eat by yourself? What do you like to eat the most?		
What do you find easy when eating and what do you find difficult?		
Are you able to cut or put food on your own?		
Do you find it easy to sit at the table until the end of the meal?		
Do you like to help set the table or clean up after a meal?		



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### CAN I CONCENTRATE

Question to the child	Child's answer (note)	Child's speaking behaviour
Do you prefer moving play or quiet play, e.g. drawing, puzzles? Why?		
How long can you play one game?		
Are you able to finish what you start, even if it is difficult?		
What do you do when you are bored?		
Do you like someone showing you step by step what to do?		



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### MY LEISURE TIME AND REST

Question to the child	Child's answer (note)	Child's speaking behaviour
What do you like to do in the evening before bedtime?		
Do you prefer to be on the move then or rest?		
Do you find it easy to calm down and get ready for bed?		
What helps you to calm down?		



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### MY COLLEAGUES

Question to the child	Child's answer (note)	Child's speaking behaviour
Do you like playing with other children?		
Do you prefer to play alone or with friends? Why?		
What do you like to do together with other children?		
What do you find difficult about playing with others?		
Do you have a friend or colleague in the group that you like to play with?		
How do you feel when someone doesn't want to play with you?		

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### WHAT DO I DO BEST

Question to the child	Child's answer (note)	Behaviour of the child when speaking
What do you do best?		
What do you enjoy most?		
What would you like to do more often in kindergarten/school?		
What do you dislike doing in kindergarten/school?		



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## PROFILE OF THE CHILD ON THE BASIS OF THE INTERVIEW

### 1. my morning and getting dressed

- My resources:
- What I am working on:
- What I am working towards:

### 2. how I move

- My resources:
- What I am working on:
- What I am working towards:

### 3. my hands

- My resources:
- What I am working on:
- What I am working towards:



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#### **4. eating and being independent**

- My resources:
- What I am working on:
- What I am working towards:

#### **5. am I able to focus**

- My resources:
- What I am working on:
- What I am working towards:

#### **6. my free time and rest**

- My resources:
- What I am working on:
- What I am working towards:



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## 7. My colleagues and friends

- My resources:
- What I am working on:
- What I am working towards:

## 8. what I can do best

- My resources:
- What I am working on:
- What I am working towards: