

Instructions for the Teacher:

Print and distribute to all students the images included on the following pages and ask them to write the emotion shown under each image. If you wish, you may write all the emotions on the classroom board (without following the numerical order of the images shown in the table below), so that students can choose which emotion matches each picture.

Image	Emotion (for the teacher)
1	Joy
2	Excitement
3	Calmness
4	Shyness
5	Awkwardness
6	Surprise
7	Anger
8	Confidence
9	Doubt
10	Sadness

Important Pedagogical Note: There is no single “correct” answer. What matters is that the child explains what they observe in the body, especially in relation to: a) posture, b) hands, c) head, and d) direction/orientation of the body.

Activity Extension:

- “Choose one image and act out the emotion as a Physical Theatre exercise.”
- “How would the body change if the emotion became stronger?”

“Reading Emotions Through the Body”

Instructions:

Observe carefully the images on the following pages.

Each child expresses an emotion using only their body.

Write or say which emotion you think each image is showing.



“Reading Emotions Through the Body” 1/5



"What emotion do you see?"

.....



"What emotion do you see?"

.....

"Reading Emotions Through the Body" 2/5



"What emotion do you see?"

.....



"What emotion do you see?"

.....

"Reading Emotions Through the Body" 3/5



"What emotion do you see?"

.....



"What emotion do you see?"

.....

"Reading Emotions Through the Body" 4/5



"What emotion do you see?"

.....



"What emotion do you see?"

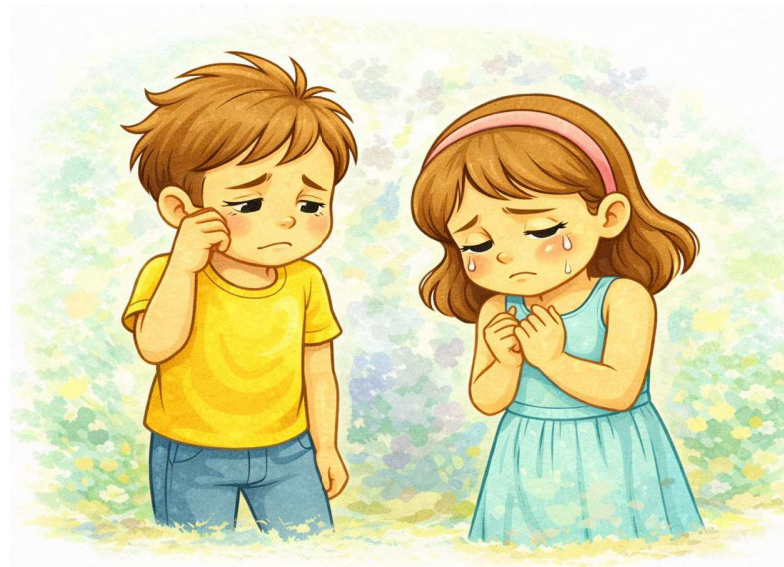
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"Reading Emotions Through the Body" 5/5



"What emotion do you see?"

.....



"What emotion do you see?"

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