

KINETIC THEATRE

Movement – Body – Expression in Education

What is Kinetic Theatre?

- Physical theatre based on movement and body expression
- Communication through gesture and spatial movement
- Minimal reliance on dialogue

Why Use It in Education?

- ✓ Encourages creativity and imagination
- ✓ Supports emotional expression
- ✓ Promotes cooperation and active learning
- ✓ Suitable for children aged 5–10

Four Elements

- **Movement** – expressive gestures 👐
- **Music** – rhythm and sound 🎵
- **Dance** – storytelling through movement 🕺
- **Improvisation** – spontaneous creativity ✨

Structure of a Session

- Warm-Up 🔄
- Exploration & Technique 🔍
- Creative Composition 🎨
- Reflection & Feedback 💬



Role of the Educator

- Facilitator and guide
- Creates safe and inclusive environment
- Encourages experimentation and reflection